

## Home Safety Assessment Checklist

### Fall Risks

- Wet or slick surfaces
- Throw rugs and uneven floor surfaces
- Loose or broken tiles and laminates
- Cords and other trip hazards
- Lack of handrails, grab bars and places to hold

### Lighting

- Ease of access to light switches upon entering rooms
- Adequate lighting to ensure visibility
- Use of nightlights
- Appropriate outdoor lighting
- Appropriately placed flashlights with fresh batteries

### Weather Related Preparation

- Clean-up and risk prevention
- Emergency kit with water, medications and personal supplies
- Ice-melt
- Lightweight shovel
- Access to snow removal services
- Handy emergency information in the event of needed assistance
- A plan for pet care in the event of a weather-related challenge

### Access and Mobility

- Safe access to and from car to home
- Safe entryways equipped with handrails and free from slick surfaces
- Doors and walkways free of clutter and obstruction
- Frequently used items located within easy reach

### Environmental

- Living space free from unstable furniture and fixtures
- Living space free from leaks, mold and mildew
- Appropriate trash storage
- Food storage with appropriate containers and temperature
- Adequate protection from insects and rodents

### Security and Emergency Services

- Locks on doors and windows
- Accessible telephones
- Doorbell that can be heard throughout the home
- Handy access to emergency services phone numbers
- Periodic check-ins from a friend, family or neighbor

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